RESIDENT ROTATION OVERVIEW

Presented by: Debra Kerrigan,
Pain Fellowship Coordinator

2/16/10
A.M. ROUNDS - WEEKDAYS

- Please ensure ample time is allowed so you finish rounds and arrive in clinic on time.
- For each patient at Thornton Hospital please use the carbon copy form for progress notes. The resident will complete the template and use it to present to the attending. After the attending signs the note, the resident will put the original in the chart, and the attending will put the yellow carbon copy in the billing box in clinic. Residents will need to also complete a note on the patient in the ESA system of PCIS. Instructions will follow. The attending will make any necessary addendum to the note. Please make copies and place the copy in the box above the clinic schedule and return original to chart. Please use a SOAP format and write legibly. There is a carbon copy template for notes for rounding on follow-up patients.

- The progress note must include the following information:
  - Date/time
  - Referring attending physician
  - Diagnosis or recent surgery and the post-op day#
  - Current pain treatment plan and changes made overnight
  - Patients response to treatment including level of sedation (pupils, speech assessed, motor, sensory exam, and sites c/d/i)
  - Recommendations
  - For epidural catheter patients - assess for any signs of infection including body temperature, white blood cell count, back pain, exam of the catheter entry site (erythema/tenderness/drainage), neurologic exam of the lower extremities, or addition of antibiotics by the primary team. Also, any anticoagulants given to the patient.
PATIENT ROUNDS

Rounding at Thornton:
○ **Chronic patients**- Either our patients or consultations.
○ **Acute pain patients**- Primarily epidurals or peripheral catheters. After removing a catheter or identifying any issues related to the catheter, please inform Regional resident so that their list can be updated daily or complications can be identified.

○ Hillcrest: The regional service at Hillcrest will round on both acute and chronic patients at HC. If there are complicated pain pts, please d/w Hillcrest resident so that specific recommendations can be made.
PATIENT ROUNDS  Cont’d

- **Residents** – The resident assigned to Thornton will be responsible for rounding at Thornton Monday-Friday. Rounding times will be at the resident’s discretion to allow enough time for him/her to report to the clinic on time. Team cooperation is encouraged and when census is high, both residents and clinic fellow should work together to finish rounds. Medical students should also assist and the residents should help coordinate this effort. The students have pagers and can be looked up on paging system.
WEEKEND ROUNDS

- The resident or fellow on call will round on all *chronic pain* patients at both hospitals on weekends.
IN-PATIENT CONSULTS

INPATIENT CONSULTS

• Inpatient consults will be seen each day at the end of clinic. If there is a Hillcrest consult, every effort will be made to release the resident or fellow early to see the patient.

• It is the responsibility of the fellow to see all Hospice consults; however, the resident is welcome to accompany the fellow.

• All inpatient consults should be presented to the on call attending. After presenting the patient to the attending, the resident/fellow will be expected to dictate a full history and physical (USE WORK TYPE #5 FOR INPATIENT CONSULTS). NOTE: If the fellow or resident on call is occupied until late in the day because of patient care, the other fellow or residents may be asked to see some of the consultation requests in the late afternoon to help the on call person.

• This team-work will help provide a better work schedule for all fellows and residents and provide better service for our patients.

• Releasing the other residents or fellows will be at the discretion of the supervising attending.
All notes are dictated at the point of service to all pain patients, whether inpatient or outpatient. The resident/fellow is responsible for dictating all new evaluations and follow ups that they see. The attendings or fellows will dictate procedure notes. All dictations are done through the hospital. You will be given an inservice on this system on the first day. The dictations are completed within 24 hours. Please sign all dictations electronically the first thing each morning. The attending will review the dictations the following day and sign them.
CPM SCHEDULE ASSIGNMENTS

PAIN CLINIC

- The resident will be given a pain clinic assignment schedule on the first day of orientation. This clinic schedule is available on-line. Please ask the clinic staff or the administrative assistants to give you access to this site. Please review the schedule regularly for changes.
Procedure Clinic Overview

- Each procedure clinic is staffed by an attending. These are very busy clinics with a wide variety of procedures. The attending will decide how much of each procedure you will do. This depends on the complexity of the procedure and the patient.
- Keep in mind that unlike the operating room these patients know the difference between the attending and resident.
- Some of these patients have developed a sound trust in us as their attending and will not allow the residents to perform the procedure.
- However, we make every effort to allow the residents to perform as many procedures as possible.
- You will find that the VA will allow for much more independence than the University.

- The VA pain procedure suite is located on 3 South. The variety of procedures and general etiquette is the same as the UCSD procedure suite.
The Residents are assigned to one of the following clinics:
  o the Pain Clinic located in the Perlman Medical Center in Suite 2-C,
  o the Moores’ Cancer Procedures Suite and
  o the VA Medical Center Procedures Suite.

The Residents will be assigned on a rotating basis for each four-week block. This is to ensure equal exposure to the pain faculty and the various clinics at the VA, Perlman and the Moores’ Cancer Center. Please refer to the CPM Schedule by going to the following website:
  o [http://www.anes-cppm.ucsd.edu](http://www.anes-cppm.ucsd.edu)

Follow the steps below to gain access:
  o Select UCSD Center for Pain Medicine;
  o Click on the blue bar
  o Log in: cppm
  o Password: Nopain06
  o Select the month block you wish to view

Please check schedule daily and notify Fellowship Coordinator, Debra Kerrigan of any changes made to the CPM schedule or pain call.
The CPM Schedule contains a wealth of information including:

- Your daily clinic assignment:
- Perlman, MCC or VA
- Patient rounding assignment
- MCC and VA procedure assignments
- Grand Rounds and Didactic lectures
- Pain call
CPM SCHEDULE

- Please check the on-line CPM schedule regularly to see when you are assigned to the VA pain service as changes to the schedule are common.
- [http://anes-cppm.ucsd.edu/](http://anes-cppm.ucsd.edu/)
- Log in: CPPM
- Password: Nopain06
PAIN CALL

PAIN SERVICE CALL

- Pain service call is split between the resident and fellows. This is beeper call from home and rarely requires trips into the hospital.
- Most of the calls are from the inpatient service and if there is any doubt on patient care, the attending on call should be contacted.
- The resident on call will accept telephone calls from chronic pain patients, including hospice patients. All of these calls should be discussed with the attending or fellow.
GRAND ROUNDS/DIDACTICS

DICTACTICS/EDUCATION

- Resident and Student Didactics are given every Tuesday afternoon. A schedule will be given to you at the start of your rotation. Most lectures will be held at the VA at 4 p.m. Please refer to your schedule.
- Grand Rounds are held Wednesdays from 7:30-8:30 immediately following the department M & M.
- Core Conference/Fellow’s Lecture is scheduled following Grand Rounds beginning at 8:30 a.m.
- The residents and fellows are expected to attend all didactics.
- A syllabus will be distributed to the new resident every rotation. (Please see reading assignments)
Didactic Schedules- Grand Rounds

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<tr>
<th>2009-2010</th>
<th>PAIN REDUCTION GRAND ROUNDS</th>
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<tr>
<td><strong>WEDNESDAY</strong></td>
<td><strong>FRIDAY</strong></td>
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<td>1st Week</td>
<td>1st Week</td>
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| July 1st | Presentation (11:00 A.M.)
| July 3rd | Program (7:45 A.M.)
| July 3rd | Program (7:45 A.M.)
| July 8th | Review Question Session (10:00 A.M.)
| July 9th | Presentation (9:00 A.M.)
| July 10th | Review Question Session (10:00 A.M.)
| July 14th | Presentation (9:00 A.M.)
| July 15th | Review Question Session (10:00 A.M.)
| July 21st | Presentation (9:00 A.M.)
| July 22nd | Review Question Session (10:00 A.M.)
| **TUESDAY** | **THURSDAY** |
| August 4th | Presentation (9:00 A.M.)
| August 5th | Review Question Session (10:00 A.M.)
| August 8th | Presentation (9:00 A.M.)
| August 9th | Review Question Session (10:00 A.M.)
| August 11th | Presentation (9:00 A.M.)
| August 12th | Review Question Session (10:00 A.M.)
| August 18th | Presentation (9:00 A.M.)
| August 19th | Review Question Session (10:00 A.M.)
| August 25th | Presentation (9:00 A.M.)
| **MONDAY** | **FRIYDAY** |
| September 7th | Presentation (9:00 A.M.)
| September 8th | Review Question Session (10:00 A.M.)
| September 14th | Presentation (9:00 A.M.)
| September 15th | Review Question Session (10:00 A.M.)
| September 21st | Presentation (9:00 A.M.)
| September 22nd | Review Question Session (10:00 A.M.)
| September 28th | Presentation (9:00 A.M.)
| September 29th | Review Question Session (10:00 A.M.)
| October 5th | Presentation (9:00 A.M.)
| October 6th | Review Question Session (10:00 A.M.)
| October 12th | Presentation (9:00 A.M.)
| October 13th | Review Question Session (10:00 A.M.)
| October 19th | Presentation (9:00 A.M.)
| October 20th | Review Question Session (10:00 A.M.)
| October 26th | Presentation (9:00 A.M.)
| October 27th | Review Question Session (10:00 A.M.)
| November 2nd | Presentation (9:00 A.M.)
| November 3rd | Review Question Session (10:00 A.M.)
| November 9th | Presentation (9:00 A.M.)
| November 10th | Review Question Session (10:00 A.M.)
| November 16th | Presentation (9:00 A.M.)
| November 17th | Review Question Session (10:00 A.M.)
| November 23rd | Presentation (9:00 A.M.)
| November 24th | Review Question Session (10:00 A.M.)
| December 1st | Presentation (9:00 A.M.)
| December 2nd | Review Question Session (10:00 A.M.)
| December 8th | Presentation (9:00 A.M.)
| December 9th | Review Question Session (10:00 A.M.)
| December 15th | Presentation (9:00 A.M.)
| December 16th | Review Question Session (10:00 A.M.)
| December 22nd | Presentation (9:00 A.M.)
| December 23rd | Review Question Session (10:00 A.M.)

**PLEASE NOTE:** THE CORE CONFERENCE LECTURE WILL FALL BETWEEN 9:00 A.M. AND 10:00 A.M. EACH WEDNESDAY BEGINNING AT 9:00 A.M.

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**Contact:** Charles Von Gunten 169-278-8226
chvongunten@ucsd.edu and his assistant Paula Brown at paula@ucsd.edu

**Grand Rounds Objectives:**
- Provide patient care that is compassionate, appropriate, and effective for the treatment of health problems and promotion of health
- Demonstrate understanding of scientific methodology in critical situations
- Utilize and apply the basic sciences which are applicable to their discipline
- Demonstrate effective communication skills with patients, families, and physicians.

**GRAND ROUNDS INFORMATION:**
- Didactic Grand Rounds are every Tuesday from 9:00 A.M. to 10:00 A.M.
- The University of California, San Diego School of Medicine Designate this educational activity for a maximum of one credit per hour AAMC Category 1 Credits. Physicians should only claim credit commensurate with the extent of their participation in the activity.
REQUIRED READINGS

Found in the Pain Rotation Syllabus:
- **Week 1** Pain: Introductory Concepts
- **Overview of Chronic Pain**
- **Evaluation of Low Back Pain**
- **Week 2** Treatment of Low Back Pain
- **Interventional Pain Management**
- **Risk of Bleeding Complications**
- **Week 3** Mechanisms of Action of Clinically Relevant Analgesic Agents
- **Pharmacology**
- **Week 4** Regional Techniques for Cancer Pain
- **Chronic Intraspinal Drug Delivery**

RECOMMENDED COURSE TEXT
- *Pain Medicine and Management: Just the Facts*
  - Wallace, MS. Staats. PS (available at the UCSD Bookstore).
QUESTIONS?

- Please let me know if you have any questions or concerns.
- Please let me know if you will be out for any reason.