POST DISCHARGE CARE

Your burns have been treated at UCSD Regional Burn Center. Your follow-up care will depend upon the depth of the injury, the type of dressings applied, and your insurance plan.

UCSD Regional Burn Center has two burn clinics. The UCSD Medical Center, Hillcrest 5th floor Burn Clinic is open 24-hours a day for urgent burn assessment and treatment. Scheduled appointment days are Monday, Tuesday, Thursday morning and Friday. The long-term Burn/Plastic Surgery and garment clinic is Thursday afternoons in the Outpatient Clinic, 3rd floor Suite 1. Prior to an appointment, register at outpatient services. If you were unable to make your appointment, please call 24 hours in advance.

After your initial emergency visit, you are responsible for obtaining approval from your primary care physician and insurance plan. Although most insurance plans are required to cover emergency treatment, many insurance companies and all HMO’s require prior authorization for non-emergent services obtained from a specialty clinic. If you do not obtain prior authorization, payment for non-emergent service may be denied, leaving you financially responsible. If you are not aware of the terms of your insurance coverage, please review them with your insurance company as soon as possible. Please remember that it may take up to 48 hours to obtain authorizations.

If you are presently without insurance coverage, our financial counselors are available to talk with you about referrals to Medical or County Medical Services. A cash deposit is required at the time of the visit. You may also choose to obtain your follow-up care at a community clinic.

If you have questions or concerns, please contact the UCSD Regional Burn Clinic Staff at (619)543-6505. If you receive our voice mail, please leave your name, telephone number and UCSD medical record number (if known) with a brief message. We will return your call as soon as possible.

FOR YOUR INFORMATION

Kaiser patients must follow up with their primary care physician or the Kaiser Plastic Surgery Department.

Active duty military members must follow up at Balboa Naval Hospital. However, in some cases the Burn Clinic may be able to obtain authorization.
Military dependents may follow-up at the UCSD Burn clinic with Tricare authorization. The Burn Clinic will request the authorization.

Patients with HMO’s such as Molina HealthCare and Secure Horizon are required to obtain prior authorization from their primary care physician before receiving follow-up care in the UCSD Burn Clinic. Prior approval will reduce lengthy registration waits.
HOME INSTRUCTION CHECKLIST

Dressings

Donor Sites

Pain Management

Itching

Bathing & Moisturizing

Physical Therapy

Garments

Return to Work or School

Return to clinic

Quality Service Survey

Special Instructions

Chapter 8