

The Regional Burn Center  
Patient Discharge Instructions

## **Burn Care Follow-up**

You have been treated in the UCSD Burn Center. Your follow-up care will depend upon several factors. Some of the factors that will be considered are the depth of the injury, the type of dressings applied and your insurance coverage.

The UCSD Burn Clinic hours are Monday and Tuesday: 9am to 4pm, Thursday: 9am to 12noon, and Friday: 9am to 4 pm. After-hours assistance is available by calling (619) 543-6502. Prior to your Burn Clinic appointment, you will need to obtain approval from your primary care physician. Although all insurance plans are required to cover emergency treatment, many insurance companies and all HMO's require prior authorization for non-emergent services obtained from a specialty clinic, if the clinic is not one of their contracted providers. If you do not obtain prior authorization, payment for these non-emergent services may be denied, leaving you financially responsible. If you are not aware of the terms of your insurance coverage, please review them with your insurance company as soon as possible.

If you are presently without insurance coverage, our financial counselors are available to talk with you about referrals to Medical or County Medical Services. You may choose to obtain your follow-up care at a primary care doctor's office or a community clinic. Deposits for clinic visits are required at the time of the visit.

If you have any questions or concerns, you can contact the UCSD Burn Clinic staff at (619) 543-6505. If you receive our voice mail, please leave your name, UCSD Medical Record number and telephone phone number. You can expect a return call within 24 hours, with the exception of weekends.

### **For Your Information**

- Kaiser patients are required to follow up with their primary care doctor or the Kaiser Plastic Surgery Department.
- Active duty military members' follow up care will be at Balboa Naval Hospital.
- Military dependents may be authorized to receive follow-up at the UCSD Burn Clinic with Tricare approval. The Burn Clinic will request an authorization.
- Patients with HMO's such as Sharp Advantage, Community Health Group, etc. are required to obtain prior authorization from their primary care doctor before receiving care at the UCSD Burn Clinic. **It is important to have prior approval to prevent lengthy registration waits.**