The Regional Burn Center
Patient Discharge Instructions

Xeroform and/or Vaseline Gauzes - Moist Wound Care

These are specially treated gauzes used for wound coverage and to promote wound healing.

Wound cleansing and gauze application:

1. Prior to any wound care or dressing change take your pain medication as directed or at least 20 minutes prior to beginning wound care.
2. Cleanse area with tap water and a gentle soap as directed. We recommend using baby shampoo.
3. Cleanse and remove excess ointment and any wound drainage buildup.
4. Apply in single sheets covering your wounds; apply only to the location directed by your doctor.
5. Cover wounds with gauze and secure as directed.

Repeat wound care ________times a day.

Other Instructions: ______________________________________________________
_____________________________________________________________________
_____________________________________________________________________

Call the Burn Clinic at (619) 543-6505 if you experience any of the following:

• severe chills or fever
• excessive pain
• redness, swelling, or drainage
• odor at the site of the burn dressing

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