UCSD MEDICAL GROUP & CLINICAL GUIDELINES

DIAGNOSIS     Facial fractures with mild closed head injuries

CASE MANAGEMENT GOALS      Ensure the patient/family and nursing staff education regarding the operation, post-operative diet, wound care and activity, follow-up visits. Coordinate care and anticipate future needs. Monitor daily progress. Assist with determination of treatment plan. Anticipate needs to discharge. Aid in transition to home or care facility.

PREADMISSION

PRE-OPERATIVE      ABCs, PRS, or ENT evaluation, antibiotics and tetanus prophylaxis as needed.

ACUTE      If jaw wired shut:
- Wire cutters at bedside  
- Oral rinses  
- Fracture jaw diet  
- Dietary consult

RECOVERY FACILITY      Home care facility in complex cases

HOME      Home in uncomplicated cases

DAY 1      CT brain, 24 hours of neurologic exams

DAY 2      Clear cervical spine, imaging studies, immediate repair or consider outpatient management, patient and family educations regarding wound care, diet, and activity.

GOAL LENGTH OF STAY      Depends on associated injuries, type of fracture/complexity of surgery.