UCSD MEDICAL GROUP & CLINICAL GUIDELINES

DIAGNOSIS
Penetrating neck wound – Esophageal Injury

CASE MANAGEMENT GOALS
Coordinate care and anticipate future needs. Monitor daily progress. Assist with determination of treatment plan. Anticipate needs to discharge. Aid in transition to home or care facility. Ensure the patient/family and nursing staff education regarding the operation and care of wounds and drains, anticipate complications.

PREADMISSION

PREOPERATIVE
ABCs, antibiotics, exploration of Zone II injury.

ACUTE

RECOVERY FACILITY
Home care facility in complex cases.

HOME
Regular diet. Consider home care follow-up.

DAY 1
Antibiotics, NPO, continue drainage.

DAY 2
Antibiotics, NPO, continue drainage.

DAY 3
Antibiotics, NPO, continue drainage.

DAY 4
Antibiotics, NPO, continue drainage.

DAY 5
Contrast study, start clear liquid diet, remove drain, discharge.

DAY 6
Contrast study, start clear liquid diet, remove drain, discharge.

DAY 7
Contrast study, start clear liquid diet, remove drain, discharge.

GOAL LENGTH OF STAY
Depends on severity of injury/complexity of surgery.

KEY OUTCOMES

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